

# Is.project

## Operating and care instructions



OIS5

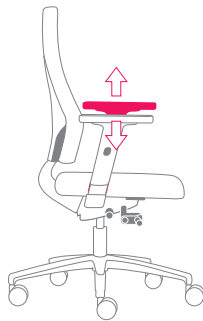


OIS7

### Armrest height

Arms are height adjustable to reduce strain on neck muscles.

To adjust arm height, click on the button on the stem of the arm and raise or lower to the desired height.



### Back height

Adjustable to the height of the user, providing a range of support for the spine.

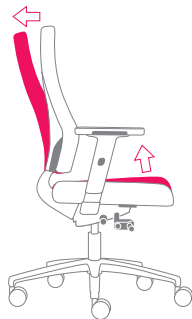
The back height of the chair is adjustable by lifting the seat back gently up feeling each click (10 positions) until you feel the lumbar support in the in the small of your back. Once you have reached the maximum height the back will drop back down to the lowest point, so just start again.



### Back lock

Providing support for the back in every position.

The Seat back can be used in a locked or free floating setting. Use the lever on the left hand side of the chair under the seat. Push the lever down whilst in the desired position to lock the seat back. Raise the lever back up to allow free float.



### Tension control

Adjusts back tension to ensure ergonomic comfort for every weight of user.

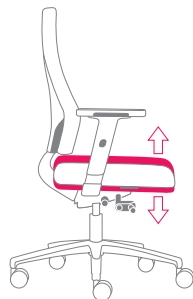
When using the chair in the free float position it is possible to adjust the pressure required to move back and forth. This adjustment is found to the right of the chair under the seat next to the height adjustment. Standard set to medium. Turn this control to your desired tension, in direction of + sign for heavier user.



### Seat height

Seat height adjustment is essential for a good posture and allows users of all heights to find their optimum sitting position.

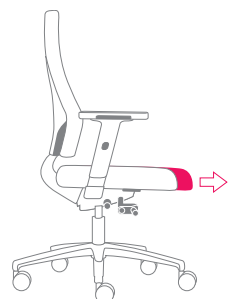
The seat height should be adjusted to allow a 90° angle between your lower and upper legs, allowing your feet to be flat on the floor. Use the lever on the right hand side under the seat, lifting the lever up whilst taking the weight of the chair to raise and adding pressure to the seat to lower.



### Seat depth

Adjusts the distance between back rest and front edge of the seat, designed to support the thighs.

The seat depth of the chair can be adjusted to allow for the height difference between users. You should be able to get two fingers between the chair and the back of your leg. To adjust, depress the button on the right of the seat pad and move your pelvis back or forward to find the position to suit.



### Caring for your chair

To maintain the cloth upholstery, carefully vacuum regularly.

Marks and stains can be removed with an appropriate commercial cleaner.

In order to avoid moisture stains when cleaning, we suggest gently rubbing the fabric in a circular motion, working from the centre of the stain with the cloth, and then moving slowly away from it until you have treated the entire panel of the affected area.